

Condé Nast Traveller

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SEPTEMBER 2019 £4.90

THE DNA
ADVENTURE
TREND

FRESH EYES
ON BALI

WHY WE AREN'T JADED YET

+
HOW WACKY
DESIGN AROUND
THE WORLD IS
LIFTING OUR SPIRITS

EPIC TRAIN-BRAGGING IN THE USA

LONGBOARDING LADIES:
THE COOLER, SMOOTHER ALTERNATIVE SKATERS

TEL AVIV'S SULTRY SCENE

REMAKING A ST TROPEZ LEGEND

GRASSROOTS MUMBAI

BODY & SOUL



ANDRONIS ARCADIA, Greece

The latest addition to the Andronis family of five-star hotels, Andronis Arcadia opened this summer on the idyllic island of Santorini. This all-suite hotel is home to the largest spa and infinity pool on the island. Developed in partnership with the founder of organic skincare and wellness brand ila, the Evexia Spa provides the perfect platform for guests to rest, balance and de-stress. You will be asked to fill out a lifestyle questionnaire in advance, with questions targeted to your mood, seven chakras and wellbeing goals. Therapists will then offer an entirely bespoke service to ensure the whole experience is as results-driven as it is relaxing.

Rates start at £586 per night; andronisarcadia.com, visitgreece.gr

THE TWELVE APOSTLES HOTEL AND SPA, South Africa

A wellness break with a loved one doesn't get much more romantic and relaxing as one spent at The Twelve Apostles Hotel and Spa. Situated on Cape Town's scenic coast, the five-star boutique hotel is flanked by Table Mountain National Park and the Twelve Apostles mountain range. Go hiking, take a dip in the infinity pool or chill out in front of a film in the luxurious private cinema – or alternatively take full advantage of the hotel's exceptional spa. For an unforgettable experience you cannot leave Twelve Apostles without indulging in a couple's side-by-side massage in one of the outdoor gazebos, with views of the Atlantic Ocean as far as the eye can see.

Rates start at £334 per night on a B&B basis; 12apostleshotel.com



RELAX

UNWIND AND RE-CHARGE IN STYLE AT THESE HAVENS OF CALM AND TRANQUILLITY

NIHI SUMBA, Indonesia

If it's peace and quiet you're seeking, you'll find it in Sumba, a remote Indonesian island twice the size of Bali but relatively undiscovered by tourists. Blessed with long sandy beaches and waves coveted by surfers across the globe, Nihi Sumba is barefoot luxury at its best. The intriguing 'Spa Safari' will take you on an early morning trek through jungle, villages and rice paddies, ending atop a cliff where you'll be greeted by a team of spa therapists bearing cool towels and fresh coconut water. After a delicious healthy breakfast overlooking the ocean, you'll be ushered into your treatment room for some all-important me-time, with the sounds of the sea and nature to lull you into a deep sense of relaxation.

Seven nights from £3,778 per person; ampersandtravel.com



Discover the top 10 in Andronis Arcadia's exclusive restaurant the lounge at the Twelve Apostles, the coastline of Nihi Sumba