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Bhutan – The Tigers Nest Monastery



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Clinging to the cliffs over 3000 metres above the Paro Valley in Bhutan, the breath taking Taktsang Palphug monastery is one of the most spectacular sites in the world.

The Buddhist monastery consists of 4 temples and 8 caves, accessed through the forest from the valley below. Pilgrims walk along paths strewn with colourful prayer flags and enjoy spectacular views of the valley and Tigers Nest Monastery.

The walk up to the monastery can take up to 3 hours. The final stretch leads down and back up a narrow winding staircase, hugging the steep slopes and over a waterfall (<http://www.eattravelive.com/travel/undiscovered-guide-to-thailand/>) into the magnificent monastery.

Cameras are banned in this sacred place so get your pictures done outside and soak up every detail once inside.

The dramatic location of this stunning site means the clouds can roll down and shroud the monastery making it look even more isolated and eerie.

Ampersand Travel organises tailor-made tours to Bhutan – for more information visit [ampersandtravel.com](http://www.ampersandtravel.com) (<http://www.ampersandtravel.com/>)

Thanks to Tourism Council of Bhutan (<http://www.tourism.gov.bt/>) for the image.



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